

## The Inventure Advantage

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# Inventure's Mental Health Week At the Yeshwanthpur Campus: A Celebration of Kindness and Resilience



Last week, as we celebrated Mental Health Week, our young Inventure minds took center stage, sharing powerful messages of hope, empathy, and self-care. Our littlest learners from Kindergarten spread love and kindness, reminding us that a simple act of compassion can brighten someone's day.

Grade I's heartwarming performance of 'Count on Me' reinforced the importance of friendship and support during tough times. Grade 4's inspiring words on facing fears with a growth mindset and positive affirmations resonated with everyone. Grade 5's original song about understanding and managing emotions was a unique and insightful addition to the assembly. To help us relax and refocus, Grade 3 Inventurers guided us through a calming breathing exercise: Crazy Bubbles, using the vibrant colors of the rainbow to soothe our minds.

This Mental Health Week was a testament to the power of community and the importance of nurturing our mental well-being. At Inventure, we are committed to fostering a supportive environment where our students can learn, grow, and thrive.

### Isha of the Whitefield-Sarjapur Campus Shines Bright on the Golf Course!

We are thrilled to announce that our very own Isha(Grade 6)has achieved a remarkable feat by winning the first place at the East Point Golf Club-IGU South Zone Golf Championship 2024 held in Vizag on October 22nd and 23rd!

Playing on a challenging 72-par course, Isha displayed exceptional skill and determination. She concluded Day I with a score of 82 and followed it up with a strong performance on Day 2, carding a 78. This impressive total of 160 not only secured her victory in her category but also placed her among the top scorers across all categories, including both boys and girls.



This outstanding achievement is a testament to Isha's unwavering dedication, countless hours of practice, and unwavering belief in herself. We are immensely proud of her hard work and congratulate her on this well-deserved victory.

Let us cheer Isha on, as she continues to soar to new heights!

## Kickstarting Young Champions of Yeshwanthpur Campus: Inter-House Football Tournament

The air was filled with excitement and the field echoed with cheers as our young Inventure athletes battled it out in the thrilling Inter-House Football Tournament. Beyond the scores and victories, this event provided a platform for our learners to showcase their footballing prowess, develop teamwork, and foster a strong sense of sportsmanship. Every player, whether on the winning or losing side, learned valuable lessons about perseverance, resilience, and the joy of the game.



We congratulate all the participants for their enthusiastic participation and commend the organizers for their efforts in making this tournament a memorable experience. We will continue to nurture our young athletes and inspire a lifelong love for sports! Inter House football match results are as below:

#### Grade I

Nurturers - 1st place Venturers - 2nd place Adventurers - 3rd place

#### Grade-2

Venturers - 1 st place Nurturers - 2nd place Adventurers- 3rd place

### Grade 3&4

Nurturers - 1 st place Inventors - 2nd place Adventurers - 3rd place

### Grade 5,6,7 & 8

Inventors - 1 st place Venturers - 2nd place Adventurers - 3rd place